

AGILE LEADERSHIP TOOLS

Below are a few foundational tools you can use in personal and professional situations. Taking the time to invest in yourself will yield invaluable results in all areas of your life.

CONNECTION

- To yourself through self-reflection, journaling, alone time.
- With your values.
- With your strengths
- Your people and your customers.
- Connection builds TRUST



COURAGE

- Take courageous action from a heart-centered space.
- Leads to confidence
- Push boundaries, take risks, fail and learn
- To be AUTHENTIC

CURIOSITY

- Be curious, NOT judgmental
- LISTEN
- Creates a Brave Space
- Show Up for yourself and your people, even if its messy



CAPACITY

- Fill YOUR CUP FIRST
- Delegate
- Explore your relationship to control.
- Discover your edges
- Leave space for magic and creativity.

CLARITY

- Let your freak flag fly!
- Align with your values and desires
- What other's think of you is none of your business.
- Share your wisdom and magic with the world.

